Life Skills (PSHE)

intent, implementation, impact

intent

At Clover Hill, we believe that PSHE education is a fundamental part of every child's education in order that they become confident, happy and well-rounded members of society. We aim to promote personal development in an age-appropriate way in order to give children the vocabulary, understanding, attitudes and practical skills to improve their life chances and become independent, responsible citizens. We enable children to develop their sense of self-worth by encouraging them to play a positive role in contributing to school life and the wider community.

We teach PSHE through the Jigsaw scheme, however PSHE is embedded in the culture of our school throughout all learning and play. Our curriculum covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. We feel that learning about the emotional and social aspects of growing up will give children the information, skills and values to empower them to have safe and fulfilling relationships, be well equipped to look after their own wellbeing and to stay safe in our ever-changing society.

implementation

Life Skills (PSHE)

At Clover Hill, PSHE is delivered through a comprehensive and integrated approach that ensures children develop essential life skills, emotional literacy, and a strong sense of social responsibility. PSHE is not limited to standalone lessons but is embedded throughout our daily routines, curriculum subjects, and wider school life. This holistic approach allows students to continually engage with important topics in meaningful contexts.
Here are some of the ways we do this -

PSHE Lessons:
We provide dedicated, discrete PSHE lessons using the Jigsaw scheme, which we call ‘Life Skills’. These lessons take place weekly and follow a structured spiral curriculum that revisits key themes across year groups, building upon previous knowledge and skills.
The six half termly themes are –

- Being Me in My World
- Celebrating Difference (including anti-bullying)
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me

Teachers adapt these lessons to meet the specific needs and developmental stages of their pupils, ensuring that the content is relevant and impactful.

Assemblies and School-wide Initiatives:
PSHE plays a significant role in our school and class assemblies, where important themes and our school values such as responsibility and respect are reinforced. These gatherings offer opportunities to reflect on key British Values and SMSC (Spiritual, Moral, Social, and Cultural) ideas, encouraging a school-wide dialogue around ethical and moral issues.

implementation

Themed Days and Weeks:
In addition to regular lessons, we organise special themed days and weeks, such as 'Friendship Week' and Charitable events. These events provide focused time for students to delve deeper into relevant topics, engage in activities, and participate in workshops that promote personal development, community awareness, and responsible citizenship.

The Kind Crew:
The Kind Crew are a group of super caring children who endeavor to spread kindness and compassion around our school. They promote our school values of respect, hope and trust by being excellent role models around our school and community. They also choose our ‘Kind’ award winner each week and are always on the lookout for those helping others.

Mindfulness:
Mindfulness activities are embedded in daily practice, helping students develop emotional awareness, concentration, and resilience. Our classroom environments encourage positive relationships, respect, and empathy, fostering a supportive space where children can thrive.

Classroom Environment and Relationships:
Our classroom environments are designed to promote positive relationships and a sense of community. Teachers model and encourage respectful interactions, collaboration, and empathy, creating a supportive space where students feel valued and confident to express themselves. Our restorative circle times and collaborative group activities also provide structured opportunities for children to discuss feelings, resolve conflicts, and practice their communication skills.

Early Years Foundation Stage (EYFS):
In the EYFS, PSHE is woven into everyday learning through play and exploration, encouraging children to adopt the ‘Effective Characteristics of Learning’. This helps them develop as Independent Enquirers, Resourceful Thinkers, Self-Managers, Effective Participators, Reflective Learners, and Team Workers, laying a strong foundation for their future learning.

impact

Life Skills (PSHE) Impact

The impact of our PSHE curriculum at Clover Hill is assessed using a combination of teacher assessment and the structured assessment tools provided by the Jigsaw 'Life Skills' scheme. Teachers continually observe and evaluate students’ progress during lessons, assemblies, and themed activities, looking at how well they apply their learning in real-life situations, engage with peers, and demonstrate personal growth in areas like emotional literacy, resilience, and social awareness.

The Jigsaw scheme includes specific assessment activities at the end of each unit, allowing teachers to measure students' understanding, skills, and emotional development. These assessments focus on each half termly topic, helping us track progress in all areas.

Teachers use these insights to tailor future lessons to meet individual needs, ensuring that all students are supported in their development. In addition to formal assessments, ongoing teacher observations provide a holistic view of each child's growth in PSHE, including their participation in discussions, ability to manage emotions, and interactions with others.
By combining both assessment methods, we ensure that students are not only meeting learning objectives but also develop the skills and values to empower them to have safe and fulfilling relationships, be well equipped to look after their own wellbeing and to stay safe in our ever-changing society.